

Hire the “Civility Psychologist” to WOW your audience!



Works with organizations to eliminate everyday rudeness before it eliminates their best people and destroys their culture.

TOP PROGRAMS REQUESTED

Rudeness Rehab: Reclaim Civility in the Workplace

- Unmask the incivility problem
- Reveal its hidden costs
- Disarm conflict with calm
- Anchor your composure under fire
- Practice civility techniques

Manage Disruptive Behaviors in the Workplace

- Distinguish disruption from noises
- Trace what derails your team
- Decode your conflict style
- Resolve conflict quickly

 [“WATCH ME SPEAK— Keynote Clip](#)

 [“WATCH ME SPEAK— TEDX TALK](#)

WHAT SATISFIED CLIENTS ARE SAYING

“Dr.O’Brien’s keynote session offered a clear, research-informed look at how everyday rude or dismissive behaviors can quietly affect morale, productivity, and retention. Several attendees shared that this was one of the most relevant and impactful events they’ve attended in years!”

Maine Municipal Association Educational Services

“As one plans these events, the hope is that you will have a “true closer” to send your employees away energized, I found that with John!”

Kathy Buxton, HR Manager Lucas Tree

“John has an incredible talent for helping audiences explore human behavior through a lens of humor, empathy, and practical insight. He leaves audiences with valuable takeaways and a renewed perspective.”

Katie Jones, CEO, Nimble Group

“John is responsive, witty, and personable – the perfect partner for your training, education, and coaching needs.”

Mary Gagnon, Health Affiliates Maine

With over three decades of experience, John O’Brien is a seasoned expert in guiding individuals through significant life transitions by offering practical and actionable strategies to navigate change with ease. His expertise with both individuals and groups extends across a variety of professions including business, healthcare, tech, law, and financial services.

Leading Voice in Civility

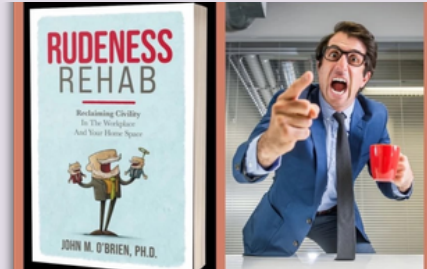
TEDx Presenter • Podcast Host & Guest • Corporate & Academic Consultant

RUDENESS REHAB by John O'Brien

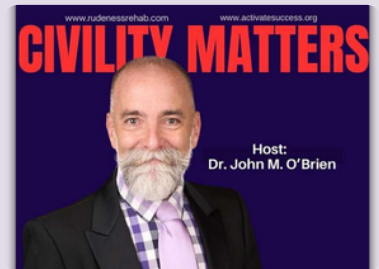
A practical guide to restoring civility at work and in life – smart, psychology-backed strategies to reduce incivility and build more respectful, productive relationships. Offer this practical guide to civility for your attendees!



207 – “Rudeness Rehab” Interview



Maine Public

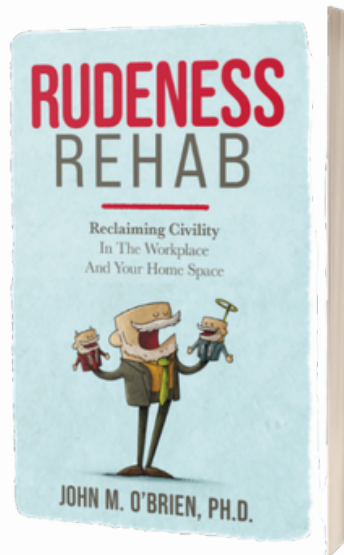


Civility Matters Podcast

AWARDS & RECOGNITION FOR RUDENESS REHAB

“Through a masterful combination of reflection, research, and practical guidance, John O'Brien delivers a powerful call to action for fostering kindness and respect in an increasingly uncivil world.”

Literary Titan



“Reading Rudeness Rehab is an investment in emotional intelligence. These are the sorts of lessons that pay dividends for a lifetime. If you believe in being the difference you wish to see in the world, this book is a valuable roadmap.”

Colt Briner, Founding member, the Marketing Accountability Council

MORE FROM SATISFIED CLIENTS

“John is an exceptional speaker, well-versed in his craft, and is an excellent thought partner for individuals and companies alike. If you need an engaging, interesting, emotionally intelligent speaker for an upcoming event or team meeting - John is your man. He will not disappoint!”

Cindy Skalicky, OnPoint Communications

“Dr. John O'Brien delivered an engaging and informative workshop for both our Veterans Employee Resource Group and Mental Health Initiative group. We look forward to bringing him back for more. Five stars!”

Janie Pinterits, Ph.D., DEI Program Manager, National Lab

“John O'Brien delivered an excellent presentation and was able to engage with participants very well, keeping their attention. Interaction and participation were well beyond our expectations.”

Michelle W., Senior Account Manager, Insurance Company

“John O'Brien was a joy to work with, fast to respond, and his expertise in corporate military diversity and inclusion, with a special focus on PTSD, was on point.”

Joel S., Chair, Veteran Employee Resource Group